

Stop Anti-Asian Racism - Resource List

Table of Contents

1. Information on Anti-Asian Violence
2. Resources for Teens and Caregivers
3. Resources for Educators
4. Community Organizations and Resources
5. Mental Health and Wellness Resources

1. Information on Anti-Asian Violence

Reporting Anti-Asian Hate Incidences

- StopAAPIHate.com
Reporting center run by the Asian Pacific Planning and Policy Council (A3PCON), Chinese for Affirmative Action (CAA), and the Asian American Studies Department of San Francisco State University to track and respond to incidents of hate, violence, harassment, discrimination, shunning, and child bullying against AAPIs in the U.S.
- StandAgainstHatred.org
Reporting center run by Asian Americans Advancing Justice to document hate and educate about the environment of hate around the country
- OCANational.org/aapi-hate-incident-form
Reporting center run by OCA National to help advocacy organizations nationwide fight for the civil rights of all AAPIs
- SAALT.org/policy-change/post-9-11-backlash
Reporting center run by South Asian Americans Leading Together to track hate crimes against South Asian, Sikh, Muslim, and Arab communities
- https://docs.google.com/spreadsheets/d/1sOZ-EOAyRShTIV2VBMylj_ErQdlAkSoYb_knzp3738/edit#gid=1827903927
Anti-Asian Incidences Coverage Tracker run by Asian American Journalists Association

Online Information Related to Racism and Anti-Asian Violence

Fact Sheets and Reports

- **Fact Sheet: Anti-Asian Prejudice (March 2020)** – Center for the Study of Hate & Extremism at CSU San Bernardino
<https://www.csusb.edu/sites/default/files/FACT%20SHEET-%20Anti-Asian%20Hate%202020%203.2.21.pdf>
- **Stop AAPI Hate National Report (March 2021)** – Stop AAPI Hate
<https://secureservercdn.net/104.238.69.231/a1w.90d.myftpupload.com/wp-content/uploads/2021/03/210312-Stop-AAPI-Hate-National-Report-.pdf>

Re-Imagining Community Safety

- **Against Anti-Asian Violence, Towards Abolition** – Asians 4 Abolition
<https://asians4abolition.medium.com/abolitionist-vision-on-anti-asian-violence-2b174c145b0a>
- **We Need to Condemn Anti-Asian Violence, But Not Through More Policing** – Article by Jean Paik
<https://www.34st.com/article/2021/02/anti-asian-violence-policing-community-safety-abolition-organizing>
- **Ending Anti-Asian Violence Requires Eliminating Anti-Blackness and Carcerality** – Article by Jordana Allen-Shim
<https://wearyourvoicemag.com/anti-asian-violence-anti-blackness-carceral-state>
- **Call on Me, Not the Cops** – Letters to family members about police violence in 11 languages by 18 Million Rising
<https://18millionrising.org/2020/06/callonme.html>
- **Don't be a Bystander: 6 Tips for Responding to Racist Attacks** – Youtube video by Barnard Center for Research on Women
<https://www.youtube.com/watch?v=krqcbiRu0ys>
- **The Answer to Anti-Asian Racism Is Not More Policing** – Article by Kayla Hui
<https://truthout.org/articles/the-answer-to-anti-asian-racism-is-not-more-policing>

Understanding and Educating About Racism

- **Understanding Racism and Its Related Stress Can Help People of Color Cope with Negative Effects** – Dr. Karen Suyemoto and colleagues
<https://www.anxiety.org/understanding-racism-anxiety-and-related-stress-can-help-people-of-color-cope-with-negative-effects>
- **How to support the AAPI community in a time of hate and violence: A Resource List** – @SarahBelleLin on Twitter
https://docs.google.com/document/d/1mjyQokYMdckjc03VW5zFskUfTBAXR_palrs5SjlaL7c/edit#
- **Stopping AAPI Hate Resource List (in Mandarin)** – The WeChat Project
<https://www.thewechatproject.org/post/%E6%A0%B9%E9%99%A4%E7%A7%8D%E6%97%8F%E4%BB%87%E6%81%A8>
- **Anti-Asian Violence Resources**
<https://anti-asianviolenceresources.carrd.co>
- **Defending Asian Women, Defending Sex Workers** – Barnard Center for Research on Women
<http://bcrw.barnard.edu/defending-asian-women-defending-sex-workers>
- **Self Evident: Asian America's Stories Podcast**
<https://selfevidentshow.com/>
- **Asian American Racial Justice Toolkit**
<https://www.asianamtoolkit.org/>

- **Speaking Up Against Racism Around the Coronavirus**
<https://www.learningforjustice.org/magazine/speaking-up-against-racism-around-the-coronavirus>
- **Teach-In Resources to Help Address Anti-Asian Racism, Bias, and Violence**
<https://www.purdue.edu/aaarcc/documents/AAARCC-Teach-In-Resources-COVID-19-4.pdf>
- **Fighting Racism in COVID-19 Times**
<https://asianresource.indiana.edu/resources/covid--19-ways-to-fight-racism.html>
- **Coronavirus/COVID-19 Resources to Stand against Racism**
<https://www.advancingjustice-ajc.org/covid19>
- **Bystander Intervention: How to Intervene when someone is being harassed:**
<https://www.afsc.org/bystanderintervention>

2. Resources for Teens and Caregivers

Resources for Teens

- **Teen Talk-Discrimination**
<http://teentalk.ca/learn-about/appreciating-diversity-2/discrimination/>
- **From Learning for Justice:**
https://www.learningforjustice.org/magazine/after-atlanta-teaching-about-asian-american-identity-and-history?fbclid=IwAR3Evnce8pAzJMkmW3MlloNzQQ_SAwdJidsAtYbDxZ7qrny47HrGy9XKcAc
- **How to help kids handle the news:**
https://childmind.org/article/racism-and-violence-how-to-help-kids-handle-the-news/?utm_source=newsletter&utm_medium=email&utm_content=%20Parents%20Guide%20to%20Problem%20Behavior&utm_campaign=Weekly-06-02-20
- **Reading list by Ebony Elizabeth Thomas (updated every year):**
<https://www.gse.upenn.edu/news/educators-playbook/best-books-young-readers-2019>
- **Asian/Asian American Children's Books**
<https://www.leeandlow.com/cultures/asian-asian-american-interest>

Resources for Parents and Caregivers

- **SRCD webinar: Supporting Asian/Asian American Children and Youth During COVID-19 Pandemic** <https://m.youtube.com/watch?v=AMxF1r9jBkE>
- **One Talk at a Time videos (free):** <https://www.caminoslab.org/onetalk>
- **COVID-19 Related Resources compiled by the Asian American Psychological Association:**<https://docs.google.com/document/d/1GrseILJIOFiNOzeQT3X3aizokL-M4NvXp7vCP4W-jm8/edit>
- **Guidance for Adults: How to Talk to Asian American Youth About Racism**
https://drive.google.com/file/d/1Sr1Jk_ZLKoo01m0Xam33SDrwmonZYXnN/view

- **Guide for Parents:** <https://www.williamjames.edu/academics/centers-of-excellence/multicultural-and-global-mental-health/guide-for-parents-of-asian-american-adolescents.cfm>
- **Infographics and accompanying videos for helping AAPI families talk to children and teens exposed to anti-Asian bullying and harassment:**
<https://division45.org/division-45-task-force-on-covid-19-anti-asian-discrimination-and-xenophobia>
<http://division45.org/wp-content/uploads/2020/06/STOPAAPIHATE.png>

3. Resources for Educators:

- <https://www.adl.org/education/educator-resources/lesson-plans/coronavirus-and-infectious-racism>
- <https://www.gse.harvard.edu/news/uk/20/11/combating-anti-asian-racism>
- <https://www.pbs.org/newshour/extra/daily-videos/daily-news-lesson-asian-americans-face-a-wave-of-discrimination-during-the-pandemic/>
- <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/countering-coronavirus-stigma-and-racism-tips-for-teachers-and-other-educators>
- <https://www.morningsidecenter.org/teachable-moment/lessons/coronavirus-countering-biased-responses>
- <https://www.learningforjustice.org/magazine/how-to-respond-to-coronavirus-racism>

4. Community Organizations and Resources

National and International Resources

Training and Webinar Events

- **Bystander Intervention Training to stop anti-Asian/American and xenophobic harassment** – Hollaback! and Asian Americans Advancing Justice
<https://www.ihollaback.org/bystanderintervention>
- **You, Me, & White Supremacy, Webinar 2: Community Responses to the Anti-Asian Violence and Anti-Blackness in AAPI Communities** – Asian Americans Advancing Justice - Atlanta
Wednesday, March 24, 6:00 - 8:30 PM EST (3:00 - 5:30 PM MST)
bit.ly/aaajwebinar

Organizations Supporting AAPI Women

- **National Asian Pacific American Women's Forum**

<https://www.napawf.org>

- **AAPI Women Lead**
<https://www.imreadymovement.org>
- **Asian American Feminist Collective**
<https://www.asianamfeminism.org>

Organizations Supporting LGBTQ Asian Americans

- **National Queer Asian Pacific Islander Alliance**
<https://www.nqapia.org>

Organizations for Legal Resources

- **Asian American Legal Defense and Education Fund**
<https://www.aaldef.org>
- **National Asian Pacific American Bar Association (NAPABA) – Hate Crimes Task Force and Pro Bono Legal Resources**
<https://www.napaba.org/page/HateCrimeResources>
- **Asian Americans Advancing Justice**
<https://www.advancingjustice-aaajc.org/>
- **Asian Prisoner Support Committee**
<https://www.asianprisonersupport.com>

Organizations Supporting Asian and Migrant Sex Workers

- **Red Canary Song** – A grassroots collective of Asian and migrant sex workers
<https://www.redcanarysong.net>
- **Butterfly: Asian and Migrant Sex Workers Network** – Toronto
<https://www.butterflysw.org>
- **SWAN: Culturally-Specialized Supports and Advocacy for Im/Migrant Women Engaged in Indoor Sex Work** – Vancouver
<https://www.swanvancouver.ca>
- **Asian American Community Resource/Donation Post** – @Sasponella and @Minstantramen on Twitter and IG
<https://docs.google.com/document/d/1CGLrII9ycdPPcavGkatzGpoqGsdwJm46AgDXVWla3H8/edit>

5. Mental Health and Wellness Resources

National Resources

Finding Mental Health Services

- **The Asian Mental Health Project**

<https://asianmentalhealthproject.com>

- **Asian Mental Health Collective**
Therapist directory: <https://www.asianmhc.org/apisaa>
- **National Asian American Pacific Islander Mental Health Association**
Mental and behavioral health services directory: <https://www.naapimha.org/aanhpi-service-providers>
- **South Asian Mental Health Initiative & Network**
Mental health provider directory: <https://samhin.org/provider-directory>
- **South Asian Therapists**
Therapist directory: <https://southasiantherapists.org/find-a-therapist>
- **National Queer & Trans Therapists of Color Network**
<https://www.nqttcn.com> | @nqttcb
- **Inclusive Therapists**
Therapist directory: <https://www.inclusivetherapists.com>

Suicide and Crisis Hotlines

- **National Suicide Prevention Lifeline** – More than 150 languages offered
1-800-273-TALK (8255)
Text the word “HOME” to 741741
- **Asian LifeNet Hotline** – 24-hour crisis line, offered in Cantonese, Mandarin, Japanese, Korean, and Fujianese
Call 1-877-990-8585
- **The Trevor Project** – Suicide prevention and crisis intervention for LGBTQ youth
<https://www.thetrevorproject.org>
TrevorLifeline (crisis hotline): 1-866-488-7386
TrevorText (text line): Text START to 678-678
- **Trans Lifeline**
877-565-8860
- **National Domestic Violence Hotline**
800-799-7233

Mental Health Advocacy

- **Asian American Health Initiatives Resources** - Mental health toolkits, videos, and photo-novels in Korean, Chinese, Vietnamese, and Hindi
<https://aahiinfo.org/aahi-resources>
- **Mental Wellness Resources** – Asian American Journalists Association
<https://aaja.org/2021/02/25/mental-wellness-resources>