Stop Anti-Asian Racism - Resource List

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1. Information on Anti-Asian Violence

**Reporting Anti-Asian Hate Incidences**

- [StopAAPIHate.com](#)  
  **Reporting center** run by the Asian Pacific Planning and Policy Council (A3PCON), Chinese for Affirmative Action (CAA), and the Asian American Studies Department of San Francisco State University to track and respond to incidents of hate, violence, harassment, discrimination, shunning, and child bullying against AAPIs in the U.S.
- [StandAgainstHatred.org](#)  
  **Reporting center** run by Asian Americans Advancing Justice to document hate and educate about the environment of hate around the country
- [OCANational.org/aapi-hate-incident-form](#)  
  **Reporting center** run by OCA National to help advocacy organizations nationwide fight for the civil rights of all AAPIs
- [SAALT.org/policy-change/post-9-11-backlash](#)  
  **Reporting center** run by South Asian Americans Leading Together to track hate crimes against South Asian, Sikh, Muslim, and Arab communities
- [https://docs.google.com/spreadsheets/d/1sOZ-EOAyRShTIV2VBMyf1rQdIAkSoYb_knzp3738/edit#gid=1827903927](#)  
  **Anti-Asian Incidences Coverage Tracker** run by Asian American Journalists Association

**Online Information Related to Racism and Anti-Asian Violence**

**Fact Sheets and Reports**

- **Fact Sheet: Anti-Asian Prejudice (March 2020)** – Center for the Study of Hate & Extremism at CSU San Bernardino  
  [https://www.csusb.edu/sites/default/files/FACT%20SHEET-%20Anti-Asian%20Hate%202020%203.21.pdf](https://www.csusb.edu/sites/default/files/FACT%20SHEET-%20Anti-Asian%20Hate%202020%203.21.pdf)
- **Stop AAPI Hate National Report (March 2021)** – Stop AAPI Hate  
  [https://secureservercdn.net/104.238.69.231/a1w.90d.myftpupload.com/wp-content/uploads/2021/03/210312-Stop-AAPI-Hate-National-Report-.pdf](https://secureservercdn.net/104.238.69.231/a1w.90d.myftpupload.com/wp-content/uploads/2021/03/210312-Stop-AAPI-Hate-National-Report-.pdf)
Re-Imagining Community Safety

- **Against Anti-Asian Violence, Towards Abolition** – Asians 4 Abolition
  [https://asians4abolition.medium.com/abolitionist-vision-on-anti-asian-violence-2b174c145b0a](https://asians4abolition.medium.com/abolitionist-vision-on-anti-asian-violence-2b174c145b0a)

- **We Need to Condemn Anti-Asian Violence, But Not Through More Policing** – Article by Jean Paik

- **Ending Anti-Asian Violence Requires Eliminating Anti-Blackness and Carcerality** – Article by Jordana Allen-Shim

- **Call on Me, Not the Cops** – Letters to family members about police violence in 11 languages by 18 Million Rising
  [https://18millionrising.org/2020/06/callonme.html](https://18millionrising.org/2020/06/callonme.html)

- **Don’t be a Bystander: 6 Tips for Responding to Racist Attacks** – Youtube video by Barnard Center for Research on Women
  [https://www.youtube.com/watch?v=krgcbiRu0ys](https://www.youtube.com/watch?v=krgcbiRu0ys)

- **The Answer to Anti-Asian Racism Is Not More Policing** – Article by Kayla Hui
  [https://truthout.org/articles/the-answer-to-anti-asian-racism-is-not-more-policing](https://truthout.org/articles/the-answer-to-anti-asian-racism-is-not-more-policing)

Understanding and Educating About Racism

- **Understanding Racism and Its Related Stress Can Help People of Color Cope with Negative Effects** – Dr. Karen Suyemoto and colleagues

- **How to support the AAPI community in a time of hate and violence: A Resource List** – @SarahBelleLin on Twitter
  [https://docs.google.com/document/d/1mjyQokYMdckjc03VV5zFskUfTBAXR_palrs5SjLaL7/edit#](https://docs.google.com/document/d/1mjyQokYMdckjc03VV5zFskUfTBAXR_palrs5SjLaL7/edit#)

- **Stopping AAPI Hate Resource List (in Mandarin)** – The WeChat Project
  [https://www.thewechatproject.org/post/%E6%A0%B9%E9%99%A4%E7%A7%8D%E6%97%8F%E4%BB%87%E6%81%A8](https://www.thewechatproject.org/post/%E6%A0%B9%E9%99%A4%E7%A7%8D%E6%97%8F%E4%BB%87%E6%81%A8)

- **Anti-Asian Violence Resources**
  [https://anti-asianviolenceresources.carrd.co](https://anti-asianviolenceresources.carrd.co)

- **Defending Asian Women, Defending Sex Workers** – Barnard Center for Research on Women
  [http://bcrw.barnard.edu/defending-asian-women-defending-sex-workers](http://bcrw.barnard.edu/defending-asian-women-defending-sex-workers)

- **Self Evident: Asian America’s Stories Podcast**
  [https://selfevidentshow.com/](https://selfevidentshow.com/)

- **Asian American Racial Justice Toolkit**
  [https://www.asianamtoolkit.org/](https://www.asianamtoolkit.org/)
• Speaking Up Against Racism Around the Coronavirus
  https://www.learningforjustice.org/magazine/speaking-up-against-racism-around-the-coronavirus

• Teach-In Resources to Help Address Anti-Asian Racism, Bias, and Violence

• Fighting Racism in COVID-19 Times
  https://asianresource.indiana.edu/resources/covid--19-ways-to-fight-racism.html

• Coronavirus/COVID-19 Resources to Stand against Racism
  https://www.advancingjustice-aajc.org/covid19

• Bystander Intervention: How to Intervene when someone is being harassed:
  https://www.afsc.org/bystanderintervention

2. Resources for Teens and Caregivers

  Resources for Teens

  • Teen Talk-Discrimination
    http://teentalk.ca/learn-about/appreciating-diversity-2/discrimination/

  • From Learning for Justice:
    https://www.learningforjustice.org/magazine/after-atlanta-teaching-about-asian-american-identity-and-history?fbclid=IwAR3Evnce8pAzJMkmW3Mll0NzQQ_SAwdJidsATyDxZ7qny47HrGy9XKcAc

  • How to help kids handle the news:

  • Reading list by Ebony Elizabeth Thomas (updated every year):

  • Asian/Asian American Children’s Books
    https://www.leeandlow.com/cultures/asian-asian-american-interest

  Resources for Parents and Caregivers

  • SRCD webinar: Supporting Asian/Asian American Children and Youth During COVID-19 Pandemic
    https://m.youtube.com/watch?v=AMxFIr9jBkE

  • One Talk at a Time videos (free): https://www.caminoslab.org/onetalk

  • COVID-19 Related Resources compiled by the Asian American Psychological Association:
    https://docs.google.com/document/d/1GrseiLJIOfINOzeQT3X3aizokLM4NvXp7vCP4W-jm8/edit

  • Guidance for Adults: How to Talk to Asian American Youth About Racism
    https://drive.google.com/file/d/1Sr1Jk_ZLKoo01mOam33SDrwnonZYXnN/view
3. Resources for Educators:

- https://www.learningforjustice.org/magazine/how-to-respond-to-coronavirus-racism

4. Community Organizations and Resources

National and International Resources

Training and Webinar Events

- Bystander Intervention Training to stop anti-Asian/American and xenophobic harassment – Hollaback! and Asian Americans Advancing Justice
  https://www.ihollaback.org/bystanderintervention

- You, Me, & White Supremacy, Webinar 2: Community Responses to the Anti-Asian Violence and Anti-Blackness in AAPI Communities – Asian Americans Advancing Justice - Atlanta
  Wednesday, March 24, 6:00 - 8:30 PM EST (3:00 - 5:30 PM MST)
  bit.ly/aaajiwebinar

Organizations Supporting AAPI Women

- National Asian Pacific American Women’s Forum
• AAPI Women Lead
  https://www.imreadymovement.org
• Asian American Feminist Collective
  https://www.asianamfeminism.org

Organizations Supporting LGBTQ Asian Americans
• National Queer Asian Pacific Islander Alliance
  https://www.nqapia.org

Organizations for Legal Resources
• Asian American Legal Defense and Education Fund
  https://www.aaldef.org
• National Asian Pacific American Bar Association (NAPABA) – Hate Crimes Task Force and Pro Bono Legal Resources
  https://www.napaba.org/page/HateCrimeResources
• Asian Americans Advancing Justice
  https://www.advancingjustice-aajc.org/
• Asian Prisoner Support Committee
  https://www.asianprisonersupport.com

Organizations Supporting Asian and Migrant Sex Workers
• Red Canary Song – A grassroots collective of Asian and migrant sex workers
  https://www.redcanarysong.net
• Butterfly: Asian and Migrant Sex Workers Network – Toronto
  https://www.butterflysw.org
• SWAN: Culturally-Specialized Supports and Advocacy for Im/Migrant Women Engaged in Indoor Sex Work – Vancouver
  https://www.swanvancouver.ca
• Asian American Community Resource/Donation Post – @Sasponella and @Minstantramen on Twitter and IG
  https://docs.google.com/document/d/1CGLrl9ycdPPcavGkatGpoqGsdwJm46AgDXVWla3H8/edit

5. Mental Health and Wellness Resources

  National Resources

Finding Mental Health Services
• The Asian Mental Health Project
Asian Mental Health Collective
Therapist directory: https://www.asianmhc.org/apisaa
National Asian American Pacific islander Mental Health Association
Mental and behavioral health services directory: https://www.naapimha.org/aanhpiservice-providers
South Asian Mental Health Initiative & Network
Mental health provider directory: https://samhin.org/provider-directory
South Asian Therapists
Therapist directory: https://southasiantherapists.org/find-a-therapist
National Queer & Trans Therapists of Color Network
https://www.nqttcn.com | @nqttcb
Inclusive Therapists
Therapist directory: https://www.inclusivetherapists.com

Suicide and Crisis Hotlines

National Suicide Prevention Lifeline – More than 150 languages offered
1-800-273-TALK (8255)
Text the word “HOME” to 741741
Asian LifeNet Hotline – 24-hour crisis line, offered in Cantonese, Mandarin, Japanese, Korean, and Fujianese
Call 1-877-990-8585
The Trevor Project – Suicide prevention and crisis intervention for LGBTQ youth
https://www.thetrevorproject.org
TrevorLifeline (crisis hotline): 1-866-488-7386
TrevorText (text line): Text START to 678-678
Trans Lifeline
877-565-8860
National Domestic Violence Hotline
800-799-7233

Mental Health Advocacy

Asian American Health Initiatives Resources - Mental health toolkits, videos, and photo-novels in Korean, Chinese, Vietnamese, and Hindi
https://aahiinfo.org/aahi-resources
Mental Wellness Resources – Asian American Journalists Association
https://aaja.org/2021/02/25/mental-wellness-resources